## Secondi

Pollo alla Cacciatora $£ 17.95$ Italian herb baked chicken breast with olives,
peppers and tomatoes
Scaloppine ai Funghi $£ 17.95$
Pan cooked chicken breast with a wild mushroom
and cream sauce.
Nasello al Forno $£ 19.95$ ©
Oven Baked Hake fillet with herbs, tomatoes, olives and peppers Served with roasted potato wedges. Gamberoni al Forno $£ 20.95$ ©
Oven cooked whole king prawns with herbs and garlic.
Served with fries and mixed salad leaves
Parmigiana di Melanzana 15.25 (ロ)
Baked aubergine topped with tomato sauce, mozzerella, parmesan and fresh basil.
Stufato di Verdure 14.35 (© ©
Slow cooked traditional vegetable and herb stew. Served with toasted homemade Italian bread.

## Insalata (S.sad)

Caprese £12.55 ©
Buffalo mozzarella, tomato, olive oil, fresh basil. Insalata della Casa $£ 9.95$ © ©
Mixed leaves, cucumbers, tomatoes, peppers, onion. Sun blushed tomatoes and mixed olives.

Chicken Caesar $£ 15.95$
Chicken breast, bacon, lettuce, cucumber, olives, croutons, anchovies, Caesar dressing and parmesan.

## Contorni

## Bread Basket $£ 4.95$ (1)

Tomato and basil salad $£ 4.95$ (®) ©
Tomato, onion and cucumber salad $£ 4.95 \boxtimes$ © Rocket, tomato and Parmesan salad $£ 6.95$ © ©

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\text { Fries } £ 4.50 \boxtimes \text { © }
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Roasted Potato Wedges $£ 4.50$ © ©
Sauteed Spinach $£ 5.25$ (®) ©
Sauteed Mushrooms $£ 5.25$ (1) (C)
$\downarrow$ Vegetarian $\otimes$ Vegan (on request) ©Gluten Free ©Gluten Free on request ( $£ 1.00$ surcharge on pizza/pasta)


Sa Miattovia
51-52 Quarry Rigg Bowness-on-Windermere Cumbria, LA23 3DU

## Stuzzichini

Pane Olio e Aceto, Olive Marinate $£ 8.50$ (1)
Home made Italian bread and marinated Sicilian olives. served with Balsamic vinegar and virgin olive oil,

## Calamari $£ 7.25$

Deep fried squid rings, served with garlic mayonnaise.
Trio Italian $£ 8.95$
Deep fried breaded green olives stuffed with seasoned minced pork. Sicilian Arancini rice balls stuffed with a bolognese sauce and fresh mozzarella cheese. Battered courgette flowers stuffed with ricotta cheese.

## Garlic Pizza

Garlic Pizza $£ 7.25$ (®) ©
Garlic Pizza with Cheese $£ 7.95$ (1) (C)
Garlic Pizza with Cheese And Caramelised Onion £7.95 (© © Garlic Pizza with Cheese And Tomato $£ 7.95$ (1) © Garlic Pizza with Tomato And Chilli $£ 7.95$ (D) ©

## Antipasti

Zuppa Di Fagioli $£ 6.75$ (ロ) ©
Homemade Italian mixed bean soup with freshly made Italian bread. Bruschetta $£ 7.25$ (V)
Homemade toasted Italian bread topped with diced tomato marinated in olive oil, basil and olives.

Bruschetta Ai Funghi $£ 8.95$ (1)
Homemade toasted Italian bread topped with wild mushrooms,
Gorgonzola, garlic and mixed herbs.
Calamari e Gamberi $£ 11.75$
Deep fried squid rings and whole king prawns served with garlic mayonnaise.
Pate Della Casa $£ 8.50$
Smooth chicken liver pate served with chefs red onion
marmalade and toasted homemade Italian bread.
Cozze all Marinara/Mariniere/Piccanti $£ 11.75$ ©
Steamed mussels with a choice of tomato sauce, white wine or spicy sauce. Served with a slice of freshly made Italian bread.

> Gamberoni A.O.P £11.75 ©

Giant King Prawn tails, white wine, butter, garlic, lemon, fresh chill, fresh rocket.
© Vegetarian $\downarrow$ Vegan( on request) © Gluten Free Gluten Free on request ( $£ 1.00$ surcharge on pizza/pasta)

## Stone Baked $P_{\text {izza }}$

Margherita $£ 10.75$ (DC
Tomato, mozzarella and fresh basil.
Trattoria $£ 13.45$ ©
Tomato, mozzarella, ham, bacon, spicy salami.
Frutti di Mare $£ 15.50$ ©
Tomato, mozzarella, mixed seafood.
Pizza Bianca $£ 12.50$ ©
Pecorino Romano cream, mozzarella, onion, salami, olives.
Quattro Formaggi £14.35 (V) ©
Tomato, gorgonzola, scamorza, parmesan, mozzarella

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\text { Parma } £ 14.35
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Tomato, Parma ham, rocket, parmesan cheese, mozzarella.
Quattro Stagioni £13.45 ©
Tomato, mozzarella, ham, mushrooms, olives and artichokes. Diavola $£ 13.45$
Tomato, mozzarella and spicy Italian salami.
Vegetarian a $£ 12.55$ (®) ©
Tomato, mozzarella, aubergine, courgette, cherry tomato, peppers,
mushroom, garlic, mixed herbs.
Prosciutto e Funghi $£ 12.55$ ©
Tomato, mozzarella, ham and mushrooms.
Hawaiian £12.55 ©
Tomato, mozzarella, ham and pineapple. Poll $£ 15.25$ ©
Chicken breast, mushroom, sweetcorn, mozzarella.
Cupola e Tenno $£ 12.55$ ©
Tomato, mozzarella, tuna, red onion and olives.
Bolognese $£ 15.95$ ©
Homemade bolognese sauce, mozzerella cheese
Bufala $£ 14.35$ ©
Tomato, Buffalo Mozzarella, fresh basil.

## Extra Pizza Toppings

Meat/Fish $£ 2.00$ Other $£ 1.00$ Buffalo Mozzarella $£ 2.50$

## Calzone (Folded Pizza)

## Calzone $£ 15.95$

Tomato, mozzarella, ham, pepperoni, mushroom, onion.
Calzone Verdure $£ 15.25$ (
Tomato, mozzarella, aubergine, courgette, cherry tomato, peppers,
mushroom, garlic, mixed herbs.
Calzone di Mare $£ 17.95$
Tomato, mozzarella, mixed seafood, onion.

Tagliatelle al Lugo $£ 13.45$
Home made meat balls in a tomato sauce.
Spaghetti Bolognese $£ 14.35$ ©
Trattoria's classic Bolognese recipe.
Spaghetti ila Carbonara $£ 14.35$ ©
Bacon, cream, egg and Grana Padano cheese sauce.
Available with or without cream, please ask.
Spaghetti Ai Frutti Di Mare $£ 18.85$ ©
Mixed seafood, white wine, garlic, double cream, parsley and dill. Tagliatelle al Colo $£ 17.95$ ©
Grilled chicken breast, mushrooms, onion, double cream and herbs. Penne al Arrabbiata $£ 12.55$ (D) ©
Spicy tomato sauce with garlic and parsley.
Lasagna al Porno $£ 14.35$
Trattoria's classic lasagna recipe.
Penne ila Matriciana $£ 14.35$ ©
Parmesan, bacon lardons, chillies and tomato sauce. Spaghetti A.O.P $£ 12.55$ ( ©
Garlic, chillies, olive oil, parsley and hint of lemon zest.
Cannelloni Ricotta e Spinaci $£ 14.35$ (1) ©
Egg pasta tubes, filled with ricotta cheese, baked in the oven with cream, tomato sauce, mozzarella, and parmesan.

Spaghetti Casio e Peps $£ 15.25$ (V) ©
Cream of Pecorino Romano cheese and black pepper.
Tagliatelle all Boscaiola $£ 15.25$ ©
Speck, wild mushrooms, gorgonzola, and walnuts.
Penne Primavera Con Colo $£ 17.95$ ©
Penne pasta, chicken breast, broccoli, aubergine, courgette, tomato, peppers, mushrooms, garlic and basil.

Tagliatelle Ai Gamberi $£ 17.95$ ©
Tagliatelle with king prawns tails and cherry tomatoes. Penne Al Porno $£ 16.15$ (V) ©
Penne pasta, ham, mushrooms, double cream and cheddar cheese.

## Gnocchi

Gnocchi Mari e Monte $£ 16.95$
Potato gnocchi with red chicory, crispy bacon, king prawns and gorgonzola cheese. Gnocchi al Pesto $£ 14.35$ (V)
Potato gnocchi with basil pesto and cream.
Topped with sun blushed tomato.

