

# *La Trattoria*

A close-up photograph of a dish, likely a chicken breast, served on a white plate. The chicken is breaded and appears to be pan-fried or baked. It is topped with a generous amount of fresh arugula and a crumbly, golden-brown topping, possibly breadcrumbs or a cheese-based sauce. The background is a soft, out-of-focus green.

## *Menu*

*La Trattoria*  
51-52 Quarry Rigg  
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## Stuzzichini (appetisers)

### Pane Olio e Aceto, Olive Marinate £9.50

Home made Italian bread and marinated Sicilian olives. served with Balsamic vinegar and virgin olive oil,

### Calamari £7.95

Deep fried squid rings, served with garlic mayonnaise.

### Trio Italian £9.95

Deep fried breaded green olives stuffed with seasoned minced pork. Sicilian Arancini rice balls stuffed with a bolognese sauce and fresh mozzarella cheese. Battered courgette flowers stuffed with ricotta cheese.

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## Garlic Pizza

### Garlic Pizza £7.95

### Garlic Pizza with Cheese £8.95

### Garlic Pizza with Cheese And Caramelised Onion £8.95

### Garlic Pizza with Cheese And Tomato £8.95

### Garlic Pizza with Tomato And Chilli £8.95

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## Antipasti (first course)

### Zuppa Di Fagioli £7.50

Homemade Italian mixed bean soup with freshly made Italian bread.

### Bruschetta £7.95

Homemade toasted Italian bread topped with diced tomato marinated in olive oil, basil and olives.

### Bruschetta Ai Funghi £9.95

Homemade toasted Italian bread topped with wild mushrooms, Gorgonzola, garlic and mixed herbs.

### Calamari e Gamberi £12.95

Deep fried squid rings and whole king prawns served with garlic mayonnaise.

### Pate Della Casa £9.50

Smooth chicken liver pate served with chefs red onion marmalade and toasted homemade Italian bread.

### Cozze alla Marinara/Mariniere/Piccanti £12.95

Steamed mussels with a choice of tomato sauce, white wine or spicy sauce. Served with a slice of freshly made Italian bread.

### Gamberoni A.O.P £12.95

Giant King Prawn tails, white wine, butter, garlic, lemon, fresh chill, fresh rocket.

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## Sharing Boards (Minimum 2 Persons)

### Antipasto Vegetariano £24.95 for 2 persons

Ricotta stuffed courgette flowers, sauteed mushrooms, grilled vegetables, olives, sun blushed tomatoes, vegetable risotto, marinated artichoke, fresh rocket & Italian bread.

### Affettati Misti £29.95 for 2 persons

Mixed platter of Parma ham, speck, mortadella and salami, served with gorgonzola cheese, fresh mozzarella, sun blushed tomatoes, rocket and deep fried dough pieces.

## Pasta

Served with garlic, parsley & basil

### Tagliatelle al Sugo £14.95

Home made meat balls in a tomato sauce.

### Spaghetti Bolognese £15.95

Trattoria's classic Bolognese recipe.

### Spaghetti alla Carbonara £15.95

Bacon, cream, egg and Grana Padano cheese sauce.

Available with or without cream, please ask.

### Spaghetti Ai Frutti Di Mare £20.95

Mixed seafood, white wine, garlic, double cream, parsley and dill.

### Tagliatelle al Pollo £19.95

Tagliatelle pasta, grilled chicken breast, mushrooms, onion, double cream and herbs.

### Penne al Arrabbiata £13.95

Spicy tomato sauce with garlic and parsley.

### Lasagna al Forno £15.95

Trattoria's classic lasagna recipe.

### Penne alla Matriciana £15.95

Parmesan, bacon lardons, chillies and tomato sauce.

### Spaghetti A.O.P £13.95

Garlic, chillies, olive oil, parsley and hint of lemon zest.

### Cannelloni Ricotta e Spinaci £15.95

Egg pasta tubes, filled with ricotta cheese, baked in the oven with cream, tomato sauce, mozzarella, and parmesan.

### Spaghetti Cacio e Pepe £16.95

Cream of Pecorino Romano cheese and black pepper.

### Tagliatelle alla Boscaiola £16.95

Speck, wild mushrooms, gorgonzola, and walnuts.

### Penne Primavera Con Pollo £19.95

Penne pasta, chicken breast, broccoli, aubergine, courgette, tomato, peppers, mushrooms, garlic and basil.

### Tagliatelle Ai Gamberi £19.95

Tagliatelle with king prawns tails and cherry tomatoes.

### Penne Al Forno £17.95

Penne pasta, ham, mushrooms, double cream and cheddar cheese.

### Seafood Lasagna £19.95

Mix seafood, layers of eggs pasta, bechamel sauce.

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## Gnocchi

### Gnocchi Mari e Monti £18.95

Potato gnocchi with red chicory, crispy bacon, king prawns and gorgonzola cheese.

### Gnocchi al Pesto £15.95

Potato gnocchi with basil pesto and cream.

Topped with sun blushed tomato.

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## Risotti


### Risotto Tonno Zafferano e Zucchine £21.95

Risotto with seared tuna steak, saffron and courgettes.

### Risotto ai Formaggi £16.95

Light and creamy risotto finished with gorgonzola, smoked cheese and parmesan.

 Vegetarian  Vegan (on request)  Gluten Free

 Gluten Free on request (£1.00 surcharge on pizza/pasta)

## Secondi di Pesce (Fish)

### Nasello al Forno £21.95

Oven Baked Hake fillet with herbs, tomatoes, olives and peppers  
Served with roasted potato wedges.

### Gamberoni al Forno £22.95

Oven cooked whole king prawns with herbs and garlic. Served with  
fries and mixed salad leaves.

### Tagliata di Tonno £23.95

Sliced fresh tuna steak with cherry tomatoes, mixed leaves and  
roasted potato wedges.

### Salmone al Pesto di Menta e Mandorle £21.95

Salmon fillet with almond & mint pesto and spinach spaghetti.

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## Secondi di Carne (Meat)

Served with a choice of roasted potato wedges or fries.

### Tagliata di Manzo Rucola e Grana £29.95

8oz. beef fillet served medium rare with wild rocket,  
finished with Parmesan shavings and olive oil.

### Sirloin Steak £29.95

8oz Sirloin steak with chips and peppercorn sauce.

### Scaloppine ai Funghi £20.95

Pan cooked chicken breast with a wild mushroom and cream sauce.

### Pollo Parmigiano £21.95

Breaded chicken breast, oven baked potatoes, cream and cheese.

### Pollo alla Cacciatora £20.95

Italian herb baked chicken breast with olives, peppers and tomatoes.

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## Secondi di Verdure (Vegetarian)

### Parmigiana di Melanzana 16.95

Baked aubergine topped with tomato sauce, mozzarella, parmesan  
and fresh basil.

### Stufato di Verdure 15.95

Slow cooked traditional vegetable and herb stew. Served with toasted  
homemade Italian bread.

### Gnocchi al Forno £16.95

Oven baked potato gnocchi with tomato sauce, mixed vegetables  
and vegan cheese.

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## Insalata (Salad)

### Caprese £13.95

Buffalo mozzarella, tomato, olive oil, fresh basil.

### Insalata della Casa £10.95

Mixed leaves, cucumbers, tomatoes, peppers, onion.  
Sun blushed tomatoes and mixed olives.

### Chicken Caesar £17.95

Chicken breast, bacon, lettuce, cucumber, olives, croutons, anchovies,  
Caesar dressing and parmesan.

Please inform waiting staff  
of any food allergies.

Gluten free Pizza, Pasta available.  
£1.00 surcharge on dishes.

## Pizza

Traditional thin and crisp 12" stone baked pizza.

### Margherita £11.95

Tomato, mozzarella and fresh basil.

### Trattoria £14.95

Tomato, mozzarella, ham, bacon, spicy salami.

### Frutti di Mare £16.95

Tomato, mozzarella, mixed seafood.

### Pizza Bianca £13.95

Pecorino Romano cream, mozzarella, onion, salami, olives.

### Quattro Formaggi £15.95

Tomato, gorgonzola, scamorza, parmesan, mozzarella.

### Parma £15.95

Tomato, Parma ham, rocket, parmesan cheese, mozzarella.

### Quattro Stagioni £14.95

Tomato, mozzarella, ham, mushrooms, olives and artichokes.

### Diavola £14.95

Tomato, mozzarella and spicy Italian salami.

### Vegetariana £13.95

Tomato, mozzarella, aubergine, courgette, cherry tomato, peppers,  
mushroom, garlic, mixed herbs.

### Prosciutto e Funghi £13.95

Tomato, mozzarella, ham and mushrooms.

### Hawaiian £13.95

Tomato, mozzarella, ham and pineapple.

### Pollo £16.95

Chicken breast, mushroom, sweetcorn, mozzarella.

### Cipolla e Tonno £13.95

Tomato, mozzarella, tuna, red onion and olives.

### Bolognese £17.95

Homemade bolognese sauce, mozzarella cheese

### Bufala £15.95

Tomato, Buffalo Mozzarella, fresh basil.

### Extra Toppings

Meat/Fish £2.00 Other £1.00 Buffalo Mozzarella £2.50

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## Calzone (Folded Pizza)

### Calzone £17.95

Tomato, mozzarella, ham, pepperoni, mushroom, onion.

### Calzone Verdure £16.95

Tomato, mozzarella, aubergine, courgette, cherry tomato, peppers,  
mushroom, garlic, mixed herbs.

### Calzone di Mare £19.95

Tomato, mozzarella, mixed seafood, onion.

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## Contorni (side dishes)

### Bread Basket £5.50

### Tomato and basil salad £5.50

### Tomato, onion and cucumber salad £5.50

### Rocket, tomato and Parmesan salad £7.95

### Fries £4.95

### Roasted Potato Wedges £4.95

### Sauteed Spinach £5.95

### Vegetable Risotto £6.95

### Sauteed Mushrooms £5.95

# *Chefs Specials*

## **Antipasto di mare £39.95 for 2 to share**

King Prawns, breaded seafood, spicy mussels, whitebait, peeled prawns, calypso sauce, garlic sauce, tartare sauce, lemon and freshly baked Italian bread.

## **Penne Verdure £16.95**

Broccoli, aubergine, courgetti, cherry tomato, peppers, mushrooms, garlic, mixed herbs and tomato sauce.

## **Penne Con Tonno £17.95**

Penne pasta, tuna, cherry tomatoes, black olives, garlic, mixed herbs.

## **Penne Quattro Formaggi £16.95**

Penne pasta, gorgonzola cheese, smoked cheese, parmesan, cheddar and double cream.

## **Scalopina di maiale ai funghi £20.95**

Pork neck, bacon, wild mushrooms, double cream, mixed herbs and fries.

## **Amor a la Romana £20.95**

Chicken breast, mixed peppers, baby corn, mixed beans, sweet chilli, Napoli sauce, garlic, mixed herbs and risotto.

## **Scalopina di vitello ai funghi £29.95**

8oz Sirlon, wild mushrooms, garlic, mixed herbs, double cream and fries.

## **Pizza con spinach e pomodori Secchi £14.95**

Baby spinach, cherry tomato, sun blushed tomato, red onion, sweet corn, tomato sauce and mozzarella.

## **Italian Seabass £21.95**

Fillet of Seabass, mixed vegetables, sun blushed tomatoes, capers, olives and tomato sauce.

## **Pollo alla Toscana £21.95**

Chicken breast, baby spinach, sun blushed tomato, red onion, garlic, mixed herbs, double cream and saffron rice.